

At intake you must have the following:

- Valid State ID/ Drivers License/ Passport
- Social Security Card (IF YOU ARE ON SSI/SSDI 50% OF YOUR CHECK IS DUE ALONG WITH PROOF OF INCOME)
- BE AWARE: If you are not 21 years of age you will NOT be allowed to smoke.
- 30 day supply of any medications you are taking (over-the-counter medications must NOT be opened)
- Be ready to test clean & Be on time for your intake
- Do **NOT** bring your car or cell phone upon entry
- ALL BELONGINGS MUST BE BROUGHT IN TRASH BAGS
- Upon leaving you must take all your belongings, WE WILL NOT HOLD ANY BELONGINGS.
- You do not need to call us daily to verify your status on the waitlist. If you haven't heard from the Intake Counselor within a few weeks call us.

Hope House Inc.
707 N. Anaheim Blvd.
Anaheim, CA 92805
www.hopehouseoc.com

(714) 776-7490
(714) 776-8650 fax

If you would like to enter Hope House, you must attend an interview either on Monday, Thursday or Friday before 9 am SHARP. **If you are incarcerated in an Orange County jail, you (or your public defender or attorney) must get a court order from a judge that allows Andrew Armstrong to go and interview you. We will also need a second court order releasing you to our 90-day program at Hope House.** It must be faxed to *Andrew Armstrong* at (714) 776-8650. Hope House does not accept any type of insurance at the moment but we do serve all Orange County residents and people that are homeless.

Requirements for admission: Photo ID and Social Security card. If you were born outside of the US, Hope House requires proof of citizenship or green card. You must be an Orange County resident or homeless to qualify for a county bed. You must be 18 years-old or older and have a drug or alcohol addiction.

Hope House has a 90-day residential treatment program with 56 residents -16 females and 40 males. **The first 15 days there is no outside contact.** You may write letters after two weeks. You cannot call anyone or leave the house for non-emergency reasons. Any necessary communication must be made through staff. **You need to make doctors, court/probation/parole appointments prior to intake or after your 15th day at Hope House.**

A typical day starts about 7 AM and ends at about 9 PM. You get up at 7 AM and need to be in the activity room at 7:10 AM. Breakfast is from 8 to 9 AM. You will be attending activities for the rest of the day. Each activity lasts about 50 minutes, with a 10-minute break in between. For example, you have a group from 9-9:50 AM, 10 to 10:50 AM, and 11 to 11:50 AM. Lunch is from noon to 1 PM. You will return to activity from 1 to 5 PM. Dinner is from 5 PM to 6 PM. You will be back in activities from 6 PM to 8:30 PM. You will have free time from 9PM to 9:30 PM. Lights are turned off at 10 PM. Hope House does not allow make-up or facial hair until Third Phase. No valuables are to be brought into Hope House due to community living arrangements. If you decide to leave the program you are required to take ALL your belongings with you. Hope House is not responsible for any lost or stolen items. We do not allow jewelry to be worn until 2nd Phase; the exceptions are wedding bands, watches, and one religious item.

Visiting and phone privileges can be obtained after you've reached the second phase of the program, clear for work. You must write two letters to the person you want to visit and the person has to write you two letters back. Clients may write and receive two letters per week (one per person). Letters must be at least one page long and cannot exceed 2 pages. **Eligibility for this privilege is Second Phase/Cleared for Work.** Visiting is Sunday from 1 to 4:30 PM. Biological or adopted children under the age of 18 can visit on Sundays from the time you enter the program.

Cleared for Work is when you will be looking for work. Most residents get to this phase after their 30th day. You are to look for work when you are in second phase/clear for work. Once you obtain a full-time job and are working, you are eligible for Third Phase. This allows you to take passes. You can take a 3-hour; 6-hour and 12-hour pass each week. Hope House has no overnight passes and you must be at Hope House before curfew, which is 10:30 PM.

- If you need to get a doctor's note or have upcoming medical, legal or personal matters, please let us know at your prescreening interview.

You must have a minimum of 24-hours sobriety before entering the program!

When entering the program, **you must bring:**

- Social Security Card and/or proof of residency, or valid passport
- VALID California Drivers License/ State ID/ Passport
- Clothing: bring no more than enough for 10 days, any additional clothing will need to be picked up within 5 days or it will be donated
- Personal hygiene, toiletry items
- **30-day supply of prescription medications in original containers, with your name and dosage on each & every bottle, over-the-counter medication must NOT be open.**
- Doctor's note if you have any medical or psychiatric problems

You may bring:

- Spending money to be placed on your personal account, not to exceed \$100.
- Pillow, Blanket & Sheets

Do not bring:

- Valuables
- Jewelry
- Food, gum or candy
- Cell phones, computers, radios, TV, video games, electronics, CDs or iPods

If you have any questions about what to bring into the program, call and speak to the administrative staff on duty.

We cannot verify your standing on the waiting list with family, friends, Probation, Social Services or the courts unless we have a signed release from you (ask the intake counselor for further details).

All qualified applicants will receive consideration for treatment without regard to ethnic group identification, sexual identification, race, religion, ancestry, color, creed, sex, marital status, national origin, age, sexual preference, medical condition, or physical or mental disability.

Hope House Intake Information

What You Can Bring

- 7 Shirts (*NO shirts that have inappropriate logos on them, no jokes, no drugs/alcohol, no nudity, no spaghetti straps*)
- 3 Warm Shirts
- 7 Shorts/Pants (***NO LEGGINGS & NO SHORT SHORTS or shorts/pants with holes in them***)
- 10 Pairs of Underwear
- 7 Bras/Undershirts
- 10 pairs of Socks
- 1 Jackets
- 3 Pairs of Shoes/Sandals
- 1 pair of shower shoes
- 4 Towels
- 5 Pajamas
- 1 Pillow
- Watch
- Wedding Ring
- Lighter (No Matches Allowed)
- Money – Not to exceed \$100
- Razor for Shaving (NO HAIR CLIPPERS)
- Laundry Detergent (if desired)
- Sheets (Twin) {if desired}

Please Note:

- All necessary medications (prescriptions and over-the-counter) must be in their original packaging and over-the-counter medication must NOT be open.
- Please bring necessary hygiene products (shampoo, soap, etc.)
- All hygiene products must be **alcohol free**
- Please bring black or blue pens and lined paper
- Clothing cannot be tight fitting, low cut or expose one's midriff
- Men cannot wear sling-shot tank tops
- Men must be clean shaven
- Jewelry, makeup, cell phones, credit/debit cards are not allowed
- No electronic devices
- Envelopes and stamps if intending to correspond with family and friends.
- Clothing cannot have inappropriate logos, images or writing
- No aerosol products
- **Inappropriate and excessive items will not be accepted into the program and MUST go home immediately**

DO NOT BRING VALUABLES!!
Hope House will not be responsible

HOPE HOUSE Client Medications at Intake

- Clients entering Hope House must have a minimum 30-day supply of their medication at intake. If a client has medication samples, they must have a prescription for the medication in their name.
- All medications need to be in their original packaging. Prescriptions need to have the client's name on them.
- Clients must have a way to pay for their medications. Hope House cannot pay for any client medications. This includes over-the-counter medications.
- Clients taking medications while in custody may continue to take those medications. However, clients taking psychiatric medication must go to Orange County Mental Health within the first 3 days of entering the program for their case to stay open with Mental Health.
- Clients who are prescribed medication but who refuse to take it must complete the "**Client Refusal to Take Medications Form**". Clients may be given a medical discharge if they refuse to take prescribed medications. This would apply to clients who put themselves in a life-threatening situation or jeopardize the safety of those around them.
- Clients who enter the program stating they don't need psychiatric medication, but then decide they do want to take medications need to wait till they are in third phase. The exception being a medical emergency.
- Clients who need financial assistance to pay for their medications can meet with the Counselor Assistant who will assist them in applying for Medi-Cal.
- In addition, clients who decide they may need to go back on their medication can meet with the Counselor Assistant who will assist them in making an appointment to see their doctor.

Medication Assisted Treatment (MAT) Protocol

Hope House allows clients to use the following medications while in treatment, when under the care of a physician.

- Alcohol Dependency: Antabuse, Acamprosate, Disulfiram, Ondansetron [Antagonist]
- Cocaine Dependency: Vigatrin
- Opioids/Polysubstance: Vivitrol (Naltrexone), Injection [Antagonist]

The following medications are **not** allowed:

- Methadone, liquid or pill form [Agonist]
- Buprenorphine (Subutex)/Buprenorphine-naloxone (Suboxone), pill or subcutaneous
- Levo-alpha acetyl methadol (LAAM), given 3 times a week in pill form [Agonist]
- Depade and Revia; subcutaneous or pill

Residential Substance Abuse Treatment Waitlist Client Information Sheet

We're glad you are interested in residential treatment. Our goal is to get you into treatment as soon as possible. To help with this, you are being placed on a centralized county waitlist so you will be able to get into a bed as soon as it opens. If you are sentenced to or desire a specific program, we will make arrangements to place you in that program. Please note by requesting a specific program it will delay your ability to enter treatment promptly. You will be contacted by a residential program when your name comes up and there is an available bed. It is difficult to determine how long it will take to enter treatment. As long as you are open to go to the first available program and have addressed the items below, you will be able to enter promptly. Please make sure the contact number you gave us (referring agency/care coordinator) is correct and you update us if your contact information changes. If the program is unable to contact you, or you refuse treatment, you will be removed from the list. If you are in-custody, the program will make arrangements to get you into their program.

While waiting to enter treatment, please take care of the following:

- Identification, e.g. California ID, Driver's License, ID. Program needs to know who you are.
- 30-day supply of any medications you are taking (or proof that you have enough medication and refills during your stay in treatment).
 - Prescription medications must have your name and dosage on each and every bottle
 - Over-the-counter medications must NOT be opened
 - Have two refills for any medications you are taking for the duration of your treatment
 - Take a TB test at your doctor's office, or at REACH, 1725 W. 17th St, Santa Ana, CA 92706. Testing available only Mon & Wed 8:30-11:30am and Friday 1:30-4:30pm. Testing is not required prior to admission but helpful.
- Doctor's note clearing you for treatment, if you have any medical or psychiatric problems.
- You must be free from drugs for at least 24 hours and not in current withdrawal. If you need detox please contact Woodglen (714-879-2741), Roque (714-952-4032) or Unidos (714-531-4624, males only). You can get in quickly and they will help you facilitate entering treatment.
- Please note certain medications such as benzos and opiates may exclude you from treatment.

Not addressing these items may delay your entry into a program.

If you need other referral information please contact 855-OCLINKS or 855-625-4657. Please contact us if there are any changes in your status: (714) 776-7490 Ext. 401, 406 or 407